

FROM UNREAL TO REAL
From the Bṛhad-āraṇyaka Upaniṣad

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असतो मा सद्गमय
तमसो मा ज्योतिर्गमय
मृत्योर्मा अमृतं गमय ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

OM
ASATO MĀ SAD GAMAYA
TAMASO MĀ JYOTIR GAMAYA
MR̥TYOR MĀ AMR̥TAM GAMAYA
OM. ŚĀNTIḤ ŚĀNTIḤ ŚĀNTIḤ

OM
From the unreal lead me to the real,
From darkness lead me to light,
From death lead me to immortality.
OM Peace Peace Peace

Translation: S. Radhakrishnan, *THE PRINCIPAL UPANIṢADS*