

## *INVOCATION TO PATAÑJALI*

योगेन चित्तस्य पदेन वाचां मलं शरीरस्य च वैद्यकेन ।  
योऽपाकरोत् तं प्रवरं मुनीनाम् पतञ्जलिं प्राञ्जलिरानतोऽस्मि ॥  
आबाहुपुरुषाकारमं शङ्खचक्रासिधारिणम् ।  
सहस्रशिरसं श्वेतं प्रणमामि पतञ्जलिम् ॥  
हरिः ॐ

*YOGENA CITTASYA PADENA VĀCĀM  
MALAM ŚARĪRASYA CA VAIDYAKENA  
YO 'PĀKAROTTAM PRAVARAM MUNĪNĀM  
PATAÑJALIM PRĀÑJALIRĀNATO 'SMI  
ĀBĀHU-PURUṢĀKĀRAM ŚANKHA-CAKRĀSI-DHĀRIṆAM  
SAHASRA-ŚIRASAM ŚVETAM PRANAMĀMI PATAÑJALIM*

## *HARIḤ OM*

I bow before the noblest of sages **Patañjali**,  
Who gave yoga for serenity and sanctity of mind, grammar for clarity and purity of speech  
And medicine for pure, perfect health.

I prostrate before **Patañjali** who is crowned with a thousand headed cobra, an incarnation of  
**Ādiśeṣa (Ananta)** whose upper body has a human form, holding the conch in one arm, disk in  
the second, a sword of wisdom to vanquish nescience in the third and blessing humanity from the  
fourth arm, while his lower body is like a coiled snake.

Translation: Yogācarya B.K.S. Iyengar, *Aṣṭadala Yogamālā*, Volume 8